

Vidya Vikas Mandal's Ramacrisna Madeva Salgaocar Higher Secondary School Margao Goa

## **E-Newsletter**

October 2022

## **NSS ACTIVITIES**

The NSS Unit of R. M. Salgaocar Higher Secondary School conducted the following activities in October 2022.

1. As a part of 'Gandhi Jayanti celebration on 1<sup>st</sup> October 2022, a 'Swaccha Bharat Campaign' Plastic Collection Drive was carried out in our College complex.





2. A talk on "Cyber Crime & Security" was conducted for the students of STD XI. The speaker for this session was P.I. Vidyanand Pawar. He gave a presentation on different types of Cyber Crimes and also discussed various measures to prevent them.







3. On the occasion of "Mental Health Day" on 10<sup>th</sup> October 2022, Dr. Rashmika D. Almeida, Medical Officer, UHC, Margao had delivered a presentation on 'Mental Health' for students of STD XI &XII. She highlighted various issues affecting the mental health of teenagers and also gave suggestions to overcome it.







4. Hand Washing Day" was celebrated on 11<sup>th</sup> October 2022. Dr. Rashmika Almeida showed various steps on how to hand wash with soap and water. A video was also played for students on effective ways of hand washing.





5. On 19<sup>th</sup> October 2022, 50 NSS volunteers of RMS Higher Secondary School, Margao along with Principal, Mrs.Cintia Abranches, NSS PO, Teachers, Social activist Mr. Wilson Gonsalves, ex-councillor Mr. Ketan Kurtarkar participated in a massive Plastic Collection Drive. Total plastic collected was 46 kgs.







## STUDENTS' COUNCIL

1. A talk on Career Guidance was held on October 17th at 3.30 pm in the campus. It was held in collaboration with BNI( Business Network International). The resource persons spoke about their experiences in their respective field and also gave valuable advice and motivation to our students. The resource persons for the talk were:



2. An educational field trip for the students of Std XII was also organised, as a part of Children's Day celebration to Ras-Raj Farm, MoisalMollem, Dharbandora on 18<sup>th</sup> October 2022.

Students learnt about organic honey production, dairy farming, biocomposting, grafting of fruit bearing



trees and agriculture. The PTA of RMS had sponsored the educational trip and provided refreshments to the students.

## Parent Teacher Association

1. On 17<sup>th</sup> October 2022, the PTA gave financial assistance of Rs. 5000/- to Mast.Mayuresh Parnekar of Std XII D to purchase medicines, as he suffers from migraine.



2. PTA in collaboration with the Students' Council of RMS HSS organised an educational trip to Rasraj Farm MoisalMollem in Dharbandora taluka on 18<sup>th</sup> October 2022 for the students of Std XII, for which the PTA sponsored transport and snacks.

