



Vidya Vikas Mandal's  
Ramacrisna Madeva Salgaocar Higher Secondary School  
Margao Goa

## E-Newsletter

November 2022

### PTA Activities for November 2022

1. As a part of Children's Day celebration, the PTA of RMS distributed snacks to students of Std XI on 15<sup>th</sup> November 2022.



2. The PTA had organised a session on 'Self-Defence' for the girls of Std XI on 26<sup>th</sup> November 2022 in the Multipurpose Hall. Ms. Bharati Indrajeet Prasad, (a Black Belt Karate) was the resource person.



### NSS Activities for November 2022.

The NSS Unit of R. M. Salgaocar Higher Secondary School adopted two Anganwadis, one at Cine Lata, Margao and second at Madel, Margao in order to enhance the face of local Anganwadis which have been facing backlogs for a long period of time.

1. On 9<sup>th</sup> November 2022, the NSS Unit organised a talk on "Balanced Diet" and also demonstration of four Nutritious dishes to the parents of Anganwadi students adopted by all the institutions of Vidya Vikas Mandal.

The resource person for this session was Mrs. Neeta Rane, nutritionist, Community Food and Nutrition Extension Unit, Ministry of Woman and Child Development (GOI). The programme was attended by Anganwadi teachers, parents & NSS volunteers of R. M.



## Salgaocar Higher Secondary School, Margao.



2. On 14<sup>th</sup> November 2022 the NSS Unit visited the two Adopted Anganwadis to celebrate Children's Day. Stationery and eatables were distributed among the children, while 05 benches & 01 table were donated to the school. Principal Mrs. Cintia Abranches distributed the gifts to the students along with Programme Officers Mrs. Sonia Kalekar, Mrs. Shantadurga Talekar and Mrs. Apurva Naik.



## CULTURAL UNION ACTIVITIES

- On 19<sup>th</sup> November 2022, the Cultural union participated for Inter College and Higher secondary skit competition (Virtual mode) which was organised by Hospicio South Goa District Hospital, on the topic 'Understanding and Managing Diabetes'. 15 students participated from our higher secondary. Our Higher Secondary bagged the 3<sup>rd</sup> prize for the skit competition.



- From 20<sup>th</sup> October 2022 to 29<sup>th</sup> October the students participated for Kala Utsav District Level Competition organised by Goa Samagra Shiksha, Directorate of Education the in following categories:

- Dance- Classical & folk on 20<sup>th</sup> Oct 2022
- Vocal music- Classical & folk on 21<sup>st</sup> Oct 2022
- Instrumental music- Percussive & melodic on 22<sup>nd</sup> Oct 2022
- Visual Art- 2D on 27<sup>th</sup> Oct 2022
- Drama Solo on 29<sup>th</sup> Oct 2022

15 students participated from our higher secondary. Miss Rishona Gomes got selected for State level Competition for musical Instrument (Violin)