



**Vidya Vikas Mandal's
Ramacrisna Madeva Salgaocar Higher Secondary
School
Margao – Goa**

E-Newsletter March 2022

IMPORTANCE OF HEALTH & NUTRITION



The NSS unit of our HSS organised a talk on 22nd March 2022, for the students of Std. XI, on the topic “Importance of Health and Nutrition”.

The Resource person was Mrs. Melkiza Furtado e Colaco. She emphasized on having a balanced diet along with exercise for a physical and mental well-being.

KUDOS TO OUR YOUNG ACHIEVERS!



All-round student of the year 2021-22



Studious student of the year 2021-22

The Annual Prize Distribution Function was held on 12th March, from 1.00 pm to 2.30 pm in the Ganesh Daivajna Auditorium.

The students of General and Vocational streams who had secured distinction at the Goa Board Examination 2022, were felicitated along with the subject toppers of Std XI & XII. The most prestigious prizes for All-round student and Most Studious student of the year were also given. Students who had secured awards for various competitions conducted by Cultural, NSS, Red Ribbon and Tansor Super School Complex were felicitated as well.

The programme was graced by PTA President Mr. Sachin Neurekar.

This was followed by the Farewell function for students of Std XII. A number of Cultural programmes were organized by the students of Std XI, as well as some games and spot prizes.

It was attended by around 150 students and ended with a jam session.

CAREERS IN COMMERCE

The Career Cell had organized a career guidance programme on the topic “Careers in Commerce” for the students of Std XII on 11th March 2022. Five resource persons from different fields were invited to guide our students. Around 170 students attended the programme.

Following are the names of the resource people along with their topics:

<u>Name of the Resource persons</u>	<u>Topics</u>
Mrs. Yesha Patel	Career in Company Secretary
Mr. Anup Borkar	Career in Chartered Accountancy
Dr. Saba D’silva	Career in Law
Dr. Sameer Kuncolienkar	Career in Entrepreneurship
Mr. Alfi Alphonso	Career in culinary Science



BEHIND THE SCREENS...



The Tensor Super School Complex had organised a Workshop entitled “Traditional Teaching to Innovative Teaching”, on 14th March 2022 at R. M. Salgaocar Higher Secondary School, Margao -Goa. This workshop was organized to motivate teachers to face new challenges in the current scenario.

The resource persons for the workshop were Mrs Noela Mary Fernandes and Mrs Renu Chopra. The former spoke on Stress Management: its negative effects, benefits and certain coping strategies. The latter dealt with bringing fun and creativity into the classroom.