

V.V.M'S R.M.SALGAOCAR HIGHER SECONDARY SCHOOL, MARGAO
GOA

FIRST TERM EXAMINATION, OCTOBER 2025

DATE : 11/10/2025

TIME : 1 HR.

SUBJECT: PHYSICAL EDUCATION

STD: XI
MARKS : 20

Q.NO. 1 Fill in the blanks:-

(05 marks)

1. Kashava Jadhav won _____ medal at Helsinki Olympic Games.
2. The first modern Olympic Games were held at _____ in Greece.
3. National sports day of India is celebrated on _____.
4. P.V.Sindhu is associated with _____ game.
5. Leander Paes is associated with _____ game.

Q.No. 2. Name the following:-

(05 marks)

- 1) Name any one National Sports Award.
- 2) What is the motto of Olympic Games?
- 3) Which is the National Game of India?
- 4) How many rings are there on Olympic Flag?
- 5) Who is the first Indian to win a Gold Medal at Olympic in individual games for India.

Q.No. 3 Match the following:-

(05 marks)

- | A. | B |
|-----------------------------|----------------|
| 1. Karnam Malleshwari. | Badminton |
| 2. Vijender Singh | Javelin throw |
| 3. Saina Nehwal. | Boxing |
| 4. Rajwardhan Singh Rathod. | Weight Lifting |
| 5. Niraj Chopra. | Shooting |

Q.No. 4. Draw a neat diagram of Volleyball Court.

(05 marks)

*****THE END*****