



Vidya Vikas Mandal's
Ramacrisna Madeva Salgaocar Higher Secondary School
Margao Goa

E-Newsletter
June 2025

NSS ACTIVITY

12th June 2025

“Ek ped Maa Ke naam” event was celebrated by NSS unit on 12th June 2025. All the NSS volunteers planted around 80 saplings in their own vicinity tagged with their mother's name and also planted saplings near the school campus. Around 120 students participated in the activity.



GENERAL ELECTIONS

16th June 2025

On 16th June 2025 Students council organized the General Elections. Class Teachers conducted Elections for Std:XI & selections for Std:XII in their respective divisions. The following students were declared elected for the year 2025-26

1. General Secretary: Miss. Sani Gawas
2. Cultural Union Secretary: Mast. Yash Chodankar
3. Gymkhana Representative Secretary: Mast. Nachiket Nargundkar, all from Std:XII

Student Council In-charge then briefed all leaders about their respective roles & responsibilities.



SESSION ON HOLISTIC DEVELOPMENT BY NSS

16th June 2025

The NSS unit of RMS HSS organized a talk on Mind Power Management on 16th June 2025 by Brahmakumaris. The Resource person for the session was BK Pramod Kumar, Rajyoga Meditation Teacher and founder of Divya wellness. He enlightened the students on developing positive approach and Holistic development.

All NSS Volunteers of Std: XII participated for the session.

The Incharge NSS Programme Officers were: 1) Mrs. Sonia Kalekar 2) Mrs. Jyoti Garde



TREE PLANTATION

17th June 2025

On 17th June 2025, tree plantation was held in the school campus by the Eco Club in collaboration with NSS unit.



LIBRARY

On the occasion of National Reading Day, Library Committee of R.M. Salgaocar Higher Secondary School conducted a reading activity in four languages i.e. English, Hindi, Konkani & Marathi for Std: XI C on 19th June 2025. The Librarian shared information about the significance of National Reading Day, which is celebrated to commemorate the death anniversary of P.N. Panicker, the father of library movement in the Indian state of Kerala.



INTERNATIONAL DAY OF YOGA

21st June 2025

NSS unit in collaboration with Gymkhana committee celebrated International Yoga day with great enthusiasm on 21st June 2025. As part of the celebration, a special yoga session was conducted for students and staff by, Mr. Durgesh Prabhugaonkar, Physical education teacher and an experienced yoga trainer. He guided everyone through a series of warm-up exercises, basic asanas and pranayama techniques.

The session aimed to spread awareness about the benefits of Yoga for physical and mental well being and to encourage a healthy lifestyle among participants. Principal, Mrs. Cintia Abranches spoke on the significance of Yoga in day today life.

The trainer ensured that the session was inclusive and engaging for all the age groups and fitness levels. The participants enthusiastically followed the instructions and expressed a keen interest in continuing Yoga as a part of their daily routine.

The Yoga session witnessed active participation from over 200 students and staff members, making the event a great success.



ECO CLUB

25th June 2025

Poster competition was organised by the Eco club on 25th June 2025 on the following topics:

- 1) Keep the planet clean & green.
- 2) Climate Change action now.

Winners of this competition are as follows:

1st place-Ashwini & Jigyasa (Std: XI C) , 2nd place-Samit & Vishwesh (Std: XII A)

3rd place-Maverick & Agnelo (Std: XI AA) , 4th place-Sharvari & Shubhra (Std: XII D)



1. The Inaugural function of five committees i.e. In charge of Student Council Ms MaryAnne R D'souza, Cultural Union- Mrs Dawn Ferrao, NSS Unit - Mr Devdata Raikar, Red Ribbon Club - Mrs Nalini Palyekar and Gymkhana Council - Mr Diwakar Komarpant.

Mrs Frida Fernandes and Mrs Sonia Kavlekar welcomed the dignitaries with flowers. Mr Adnan Khan introduced the Chief Guest. The heads of the five above-mentioned committees then spoke on their plan of activities for the current academic year.

2. The Investiture ceremony of the 36 Student Leaders did a solemn slow march and received their badges at the hands of the Chief Guest, the Principal and the Vice Principal of RMS HSS. The Chief Guest Shri Govindraj Desai, State Coordinator of GSCERT spoke to the leaders about responsibility, team work and discipline. Ms MaryAnne R D'souza administered the Oath and Mr Durgesh Prabhu Gaonkar concluded the program with the National Anthem. The comperes for the function were Sanvi Gawas and Ashmit Pawaskar.

